

# Quick Tips for a Quiet Time

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## Getting ready—ask the Lord to help you and He will!

- If this is a new undertaking for you, pray about it--ask the Lord to help you find the best time and place, and to help you make and keep your commitment.
- Find a Bible you can easily understand.
- Select a reading plan that will help you read through the entire Bible in a year or two.

## What to do:

- Begin each quiet time with a prayer of surrender:
  - Worship the Lord (tell Him why you love Him)
  - Surrender your life (acknowledge that you belong to Him, that you want His will to be done)
  - Confess specific sins (ask for His help not to repeat them)
- Spend a few minutes reading your Bible. Open it with a prayer that He will help you understand and apply what you read to your life.

## Plan to spend 10-15 minutes a day initially:

Even a few minutes well spent will establish your personal connection with the Lord, and open the door for other prayers throughout the day. Pray for yourself and others whenever your hands are busy and your mind is free.